

## Fylde Parent /Family Services Matrix

This document aims to provide information, contact details etc about services available for different levels of support to those living in Fylde. This information is to enable agencies to appropriately refer or signpost parents and families they work with.

Richard Bollands	Early Support Coordinator Fylde & Wyre	<a href="mailto:Richard.bollands@lancashire.gov.uk">Richard.bollands@lancashire.gov.uk</a>	07817 622861
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### Lancashire Model of Parent and Family Support

Level	Description
1	Universal services for all parents & Families
2	Services which can offer additional support for those parents & families who may need a little extra help
3	Services for parents & families who need more intensive specialist support
4	Services for parents & families in crisis and in need of urgent support



### Information, Signposting, Support, Community

Organisation Details	Description of Service	Where Delivered	Professionals Involved	Referral Criteria	Referral Methods	Waiting List
<p><b>Help Direct</b></p> <p>0303 333 1111 <a href="mailto:admin@fwhelpdirect.org.uk">admin@fwhelpdirect.org.uk</a></p> <p><b>Head Office:</b> 3 Errigal House, Avroe Crescent, Blackpool Business Park, Blackpool, FY4 2DP</p> <p><b>Wyre:</b> 37 Breck Road, Poulton le Fylde, FY6 7AA</p>	<p>Confidential service working with a large number of organisations &amp; community groups to provide &amp; develop support in these areas:</p> <ul style="list-style-type: none"> <li>- Health &amp; Fitness</li> <li>- Home &amp; Garden</li> <li>- Home &amp; Community Safety</li> <li>- Learning &amp; leisure</li> <li>- Managing Finances</li> <li>- Mobility &amp; Transport</li> <li>- Community Groups</li> <li>- Getting the right Help</li> <li>- Relationships &amp; Families</li> <li>- Employment, volunteering &amp; training.</li> </ul> <p><b>Health &amp; Wellbeing Counselling</b> Confidential short term counselling (6-8 sessions). Mild to Moderate mental &amp; emotional distress.</p> <p><b>Solution Social Prescribing</b> Confidential short term support to access activities in the community (6-8 sessions). To improve mental health &amp; well being. Mild to Moderate mental &amp; emotional distress</p>	<p>County wide (delivered from local Centres)</p> <p>Community Settings</p> <p>Community Settings</p>	<p>Range of agencies throughout Lancashire</p> <p>Counsellors</p>	<p>Age 18 +</p> <p>Age 18+ Levels 2,3</p> <p>Age 16+ Levels 2,3</p>	<p>Self-referral by telephone/ in person</p> <p>Self referral by telephone/ in person.</p> <p>Self referral by telephone/ in person.</p>	<p>3-4 days call back</p> <p>May vary. Up to 8 weeks</p> <p>May vary. Urgent requests prioritised</p>

## Universal Support/ Parenting – Preschool

Organisation Details	Description of Service	Where Delivered	Professionals Involved	Referral Criteria	Referral Methods	Waiting List
<p><b>Health Visiting Service</b>  <b>Freckleton Health Centre</b>            Douglas Drive, Freckleton            Denise Lightley Lyn Houten &amp; Dee Parker  <b>01253 657 230</b></p> <p><b>St Annes Primary Care Centre,</b>            Durham Avenue,            Lynne Bentham, Joanne Dobson, Christina            Lavin Justine Murray  <b>01253 953 920</b></p> <p><b>Kirkham Health Visitors based at</b>  <b>Freckleton Health Centre</b>            Zoe Dowbiggin, , Sue Fisher, Heather            Livesey, Jill Peck  <b>01253 657723</b></p>	<ul style="list-style-type: none"> <li>- Child &amp; Family Centred Public Health Specialist.</li> <li>- Assess, protect &amp; promote the health &amp; well being of children &amp; their families working holistically.</li> <li>- Work in partnership with other agencies to improve the health &amp; wellbeing of children.</li> <li>- Provide universal &amp; preventative support/visiting in line with the Healthy Child Programme</li> <li>- Support, advice (individual &amp; group)            Areas including : routines, behaviour, boundaries, relationships, parenting strategies, special needs, breast feeding, diet, etc</li> <li>- Improve health &amp; wellbeing of children &amp; referral/signposting to other services</li> </ul>	Family home Well baby clinics Immunisation clinics Children Centres	Registered nurses with a Specialist Practitioner Qualification in Public Health Nursery Nurses, Health Care Assistants	Age 0-4  Levels 1,2,3,4	Parent GP Children centre School nurse Midwife	Varies  Urgent Referrals Prioritised.
<p><b>Children's Centres</b>  <b>Oak Tree,</b> Sydney St, St Annes            Sharon Sherrington <b>01253 781571</b>  <a href="mailto:sharon.sherrington@lancashire.gov.uk">sharon.sherrington@lancashire.gov.uk</a></p> <p><b>Pear Tree,</b> Station Rd, Kirkham            Janet Lawrenson <b>01772 687629</b>  <a href="mailto:peartreechildrenscentre@lancashire.gov.uk">peartreechildrenscentre@lancashire.gov.uk</a></p> <p><b>The Orchard,</b> Strike Lane School, Freckleton            Hayley Pye <b>01772 634270</b>  <a href="mailto:hayley.pye@lancashire.gov.uk">hayley.pye@lancashire.gov.uk</a></p> <p><b>Weeton,</b> Weeton Camp, Weeton, PR4 3JQ            Katie Taylor <b>01253 836945</b></p> <p><b>Lytham,</b> Mythop Road, Lytham FY8 4HB            Katie Taylor <b>01253 795804</b>  <b>Katie Taylor 07909 001428</b>  <a href="mailto:katie.taylor@lancashire.gov.uk">katie.taylor@lancashire.gov.uk</a></p>	<p>Multi-agency delivery of:            Universal &amp; Targeted parenting support. Information and advice (individual &amp; groups).            Areas including: routines, behaviour, boundaries, relationships, parenting strategies, special needs, diet.</p> <p>Parenting groups &amp; courses covering: post &amp; antenatal, breast feeding, young parents, speech &amp; language, dance &amp; movement, additional needs, mental wellbeing, play &amp; childminders groups.            Adult Learning,</p> <p>Sensory Room and Toy sacks</p> <p>Signposting &amp; information about services, community resources &amp; other agencies e.g. Fylde Coast Women's Aid, Face To Face, Smoking Cessation, Libraries, Best Start 4-7yrs.,            Access to online family information service &amp; Job Centre Plus.</p>	Fylde Children's Centre's  Community  Family home	Extended Service Manager Extended Services Co-ordinator  Children & Young People's Support Workers, Outreach Workers  Childminder Network Coordinator	Age Pre-birth - 5 years  Levels 1,2,3,4	Children's Centre Request for Support Form  CAF  WTWF  Client self-referral.	Varies  Urgent referrals prioritised

## Universal Support/ Parenting – School Age

<p><b>School Nursing Service</b></p> <p><b>Kirkham Clinic</b> Moor Street, Kirkham <b>01253 657 960</b> Margaret Wilcox (Carr Hill)</p> <p><b>Freckleton Clinic</b> Douglas Drive, Freckleton <b>01253 657 230</b> Jill Cullen (St Bede's)</p> <p><b>Ansdell Clinic</b> Albany Road, Ansdell <b>01253 657 330</b> Sheila Stevens (LSA High)</p> <p><b>St Annes Clinic</b> Durham Avenue, St Annes Anne Godwin, Sue Davies, Sandra Johnson <b>01253 953 920</b></p>	<ul style="list-style-type: none"> <li>- Child centred Public Health Role.</li> <li>- Assess protect &amp; promote the health and well being of children, young people and their families in line with the Healthy Child Programme</li> <li>- Work in partnership with other agencies to improve the health &amp; wellbeing of children.</li> <li>- Provide parenting support.</li> <li>- Work in partnership with healthy schools to integrate health care and education to tackle the needs of school age children.</li> <li>- Support children &amp; young people with ongoing specific health needs</li> </ul>	<p>Primary schools High schools School clinics Family home</p>	<p>Registered nurses with a Specialist Practitioner Qualification in Public Health School Staff Nurses Health Care Assistants</p>	<p>School Age 4 – 16</p> <p>Levels 1,2,3,4</p>	<p>Pupil may self referral via 'Drop In' in high school Parent can refer Referral through school via referral form Health visitor GP's CAF</p>	<p>Varies Urgent referrals prioritised</p>
<p><b>Teen Parent Co-ordinator and Young Person's PA (Lancashire County Council &amp; NHS)</b></p> <p><b>Based at:</b> Blackpool Victoria Hospital <b>Margot Roe</b> <b>07766 137 172</b> <a href="mailto:margot.roe@bfwhospitals.nhs.uk">margot.roe@bfwhospitals.nhs.uk</a></p>	<p>Provide care and support to all teen parents (under 18) regarding options around keeping the baby, antenatal care, postnatal care and signposting to relevant agencies. The focus is on the pregnant girl, co-ordinating pregnancy and giving advice about education, work, college, school, housing and benefits. Work individually &amp; in groups</p>	<p>School Health Centre Community Setting Children's Centre Family Home Connexions Office</p>	<p>Teen Parent Midwifery Co-ordinator</p> <p>Young People's Worker</p>	<p>Age 0-1 (children) Ages -18 (teenage parents)</p> <p>Levels 1, 2</p>	<p>GPs Connect Generic Midwives Self-referral</p>	<p>Never</p>

<p><b>Young Peoples Service</b></p> <p><a href="http://www.lancashire.gov.uk/yps">www.lancashire.gov.uk/yps</a> &amp; click on <b>Go4it</b></p> <p>Do you need information or advice on anything that may concern you or someone you know? If you need someone to talk to contact us at Interactive Services. We can help you with a wide range of issues including health, housing, money or relationships.</p> <p>Open from 10am to 10pm, there's 4 easy ways to get in touch</p> <p><b>Call 0800 51 11 11</b></p> <p>Txt for info, advice and support by <b>Text Message 07786 51 11 11</b></p> <p>Webtalk and Q2A – 3 email enquiry services in one <a href="http://yps.lancashire.gov.uk/theline">http://yps.lancashire.gov.uk/theline</a></p>	<p><b>Provision of Impartial &amp; unbiased Information, Advice &amp; Guidance -</b> Young People can talk about anything, including options at school, coping with exams, careers, personal issues like health, sex &amp; relationships. Call 0800 51 11 11</p> <p><b>Publicising and delivering Positive Activities</b> – including Duke of Edinburgh award, part time learning, Youth Clubs, youth action groups, youth council &amp; more.</p> <p>For information on What's on &amp; Where it's on &amp; What it costs &amp; How to get there visit the website <a href="http://www.lancashire.gov.uk/yps">www.lancashire.gov.uk/yps</a> &amp; click on <b>Go4it</b></p> <p><b>Delivering and Commissioning Targeted Youth Support</b> The service commissions work from the VCFS organisations to complement the range of services provided directly.</p> <p>The aim of targeted youth support is to help vulnerable young people early, to address their difficulties as soon as possible and prevent their problems escalating. This often means working with young people who may not meet traditional thresholds for statutory or specialist services, but who, without help, are at future risk of further problems such as substance misuse, youth offending, teenage pregnancy, unemployment and homelessness <b>For details check out service website</b> <a href="http://www.lancashire.gov.uk/yps">www.lancashire.gov.uk/yps</a></p>	<p><b>Key Centres</b></p> <p><b>St Annes Centre,</b> 11/12 Back St Annes Rd West, St Annes FY8 1RD <b>01253 783 939</b></p> <p><b>Kirkham Youthbase</b> Chapel Walks, Kirkham, PR4 2TA <b>01772 682548</b></p> <p><b>Satellite Centres across Fylde</b></p>	<p>Young Peoples Workers, qualified in : Information, advice &amp; guidance, Youth Work and Targeted Youth Support</p>	<p>Age 13-19</p>	<p>Self-referral by telephone, email or in person</p>	<p>Urgent referrals prioritised</p>
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## Fylde Parent/ Family Services

<p><b>Lancashire Young Carers Service – Fylde &amp; Wyre</b>  <b>Based at Barnardo's Blackpool &amp; North Lancashire Project</b></p> <p>Unit 12, Blackpool Technology Management Centre, Faraday Way  Blackpool, FY2 0JW</p> <p><a href="mailto:lancashireyoungcarers@barnardos.org.uk">lancashireyoungcarers@barnardos.org.uk</a></p> <p><b>01253 595224</b>  <b>01254 504930</b></p>	<p>Supporting children and young people who are looking after someone who is ill, disabled, has mental health problems or is misusing drugs or alcohol by providing individual support and group activities in order to reduce the impact of caring</p>	<p>Schools,  Family Centres,  Public spaces,  Community,  Family Homes</p>	<p>Outreach Workers  Partner agencies</p>	<p>Age 0-18</p>	<p>Referral Form</p>	<p>None</p>
<p><b>Ripples &amp; Resilience CIC</b></p> <p>Palliative Care Building  Low Moor Road  Blackpool  FY2 0BG</p> <p>Sarah Giannone  <b>01253 359385</b></p> <p><a href="mailto:resilience@ripplescic.co.uk">resilience@ripplescic.co.uk</a></p>	<p>In-school support offered through link worker for bereavement, pre-bereavement and significant loss.</p> <p>Ways of working:</p> <ul style="list-style-type: none"> <li>- School staff support</li> <li>- Advice on individual pupils</li> <li>- Group work</li> <li>- 1 – 1 counselling</li> <li>- Play Therapy</li> <li>- In-school staff training</li> </ul>	<p>In schools at a time that fits in with the school day</p> <p>Family Centre  Community  Family Home  Linden Centre</p>	<p>Counsellors  Play Therapist  Group Listeners  Family Support  Group Facilitators</p>	<p>School age  Age 4 upwards</p>	<p>Referral form  Group order form  Walk-in</p>	<p>Varies but initial contact made within 24 hours</p>

<p><b>Parenting Websites</b>  Parenting - <a href="http://www.parentlineplus.org.uk">www.parentlineplus.org.uk</a>  24 Hr Helpline Free phone <b>0808 800 2222</b>  <a href="http://www.parenting.org">www.parenting.org</a>  <a href="http://www.parents.net">www.parents.net</a>  <a href="http://www.parentchannel.tv/home">www.parentchannel.tv/home</a>  Parenting Teenagers - <a href="http://www.gotateenager.co.uk">www.gotateenager.co.uk</a></p> <p><b>Babies</b>  Pregnancy &amp; Birth, Mother &amp; Baby - <a href="http://www.askamum.co.uk">www.askamum.co.uk</a>  Web based Helpline, run by Health Visitors <a href="http://www.netmums.com">www.netmums.com</a>  Crying Baby - <a href="http://www.cry-sis.org.uk">www.cry-sis.org.uk</a></p> <p><b>Lone Parent Helpline</b>  <b>0800 018 5026</b>  <a href="http://www.oneparentfamilies.org.uk">www.oneparentfamilies.org.uk</a></p> <p><b>Dads</b>  <a href="http://www.dads-space.com">www.dads-space.com</a>  <a href="http://www.dadtalk.co.uk">www.dadtalk.co.uk</a>  <a href="http://www.youngfathers.net">www.youngfathers.net</a></p> <p><b>Gay/Lesbian Parenting</b> <a href="http://www.pinkparents.org.uk">www.pinkparents.org.uk</a></p>	<p><b>Health Websites</b>  GP or Dentist Information – <a href="http://www.nhs.uk">www.nhs.uk</a></p> <p>NHS Direct – <a href="http://www.nhsdirect.nhs.uk">www.nhsdirect.nhs.uk</a> Freephone: <b>0845 4647</b>  Healthy Living - <a href="http://www.nhs.uk/change4life">www.nhs.uk/change4life</a> <a href="http://www.kidshealth.org">www.kidshealth.org</a></p> <p>Young People's Sexual Health <a href="http://www.nhs.uk/worhtalkingabout">www.nhs.uk/worhtalkingabout</a>  For those with hearing disability <a href="http://www.deafizards.co.uk">www.deafizards.co.uk</a></p> <p>Stop Smoking <b>01524 845 145</b></p> <p>CHICKS – respite breaks for disadvantaged children (8-15) <a href="http://www.chicks.org.uk">www.chicks.org.uk</a> 01822 811111 or 01822 811112</p> <p>Wide ranging advice - <a href="http://www.askmumnow.com">www.askmumnow.com</a></p> <p>Patient Advice Service <b>01253 655589</b></p>
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## Universal – Information &amp; Literacy

<p><b>Lancashire Libraries</b>  <a href="http://www.lancashire.gov.uk/libraries">www.lancashire.gov.uk/libraries</a></p> <p><b>St Annes 0845 053 0005</b>  <a href="mailto:stannes.library@lancashire.gov.uk">stannes.library@lancashire.gov.uk</a></p> <p><b>Ansdell 0845 053 0005</b>  <a href="mailto:ansdell.library@lancashire.gov.uk">ansdell.library@lancashire.gov.uk</a></p> <p><b>Lytham 0845 053 0005</b>  <a href="mailto:lytham.library@lancashire.gov.uk">lytham.library@lancashire.gov.uk</a></p> <p><b>Freckleton 0845 053 0005</b>  <a href="mailto:freckleton.library@lancashire.gov.uk">freckleton.library@lancashire.gov.uk</a></p> <p><b>Kirkham 0845 053 0005</b>  <a href="mailto:kirkham.library@lancashire.gov.uk">kirkham.library@lancashire.gov.uk</a></p>	<p>Books, CDs and DVDs.  PC/ Internet access  Activities include:</p> <p><b>- Baby Bounce and Rhyme Times, Toddler Rhyme Time &amp; Storytime</b></p> <p><b>- Chatterbooks Book Club</b></p> <p><b>- Homework support &amp; activities</b> for children</p> <p><b>- Teenage Reading Group</b></p> <p><b>- Lancashire Reading Trail, - Bookstart Bear Club</b></p> <p>We invite schools &amp; nurseries to library events  Staff offer talks.</p>	<p>Libraries:</p> <p>St Annes, Lytham, Freckleton, Ansdell Kirkham</p> <p>St Annes, Freckleton Ansdell</p> <p>All Libraries</p> <p>St Annes (Monthly)</p> <p>All Libraries</p>	<p>Librarians</p>	<p>Level 1</p> <p>0-12mnths</p> <p>Preschool</p> <p>Primary Children</p> <p>All ages</p> <p>Teenage</p> <p>Junior Children</p> <p>Under 5's</p>	<p>Self-referral</p>	<p>No</p>
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## Intervention &amp; Addiction

<p><b>Fylde Coast Women's Aid</b></p> <p>37 Springfield Rd, Blackpool. FY3 9GZ <a href="http://www.womensaid.org.uk">www.womensaid.org.uk</a></p> <p>Jill Charnock – Adult Outreach Worker <a href="mailto:jill.charnock@homegroup.org.uk">jill.charnock@homegroup.org.uk</a> <b>07988 618 755</b></p> <p>Rachel Tobin – Children's Outreach Worker <a href="mailto:info@fcwa.co.uk">info@fcwa.co.uk</a> <b>01253 789 337</b></p>	<p>Working with women and children suffering with domestic violence. Offer advice, coaching, awareness raising, emotional and relationship support. Sanctuary – Refuge accommodation Ways of working:</p> <ul style="list-style-type: none"> <li>- Individually (parent &amp; child separately)</li> <li>- Group work</li> </ul>	<p>Family Centre, Health Centre, Community, School, Family Home</p>	<p>Outreach Workers:</p> <ul style="list-style-type: none"> <li>- Adult</li> <li>- Child</li> </ul>	<p>Domestic Violence Level 2,3,4</p>	<p>CAF Telephone Call/ Helpline Client self-referral.</p>	<p>None</p>
<p><b>Home-Start Fylde</b></p> <p>St Thomas' Church Community Centre St Thomas' Road, St Annes on Sea Lancs. FY8 1JL <b>01253 728 615</b> Email : <a href="mailto:homestartfylde@btconnect.com">homestartfylde@btconnect.com</a></p>	<p>Long term, home visiting family support to parents with at least one child under 5 years of age. We recruit and prepare volunteers to befriend and work alongside families who are experiencing difficulties with day to day life and who ask for our input. Volunteers will visit for a couple of hours a week for as long as the families request support.</p>	<p>Family home</p>	<p>Trained Volunteers 3 paid members of staff Managed by a group of 8 trustees.</p>	<p>At least one child under age 5 Level 2,3,4</p>	<p>Written referrals from professionals. CAF Client self-referral.</p>	<p>No waiting list currently</p>
<p><b>Lancashire Fire and Rescue Service</b></p> <p>Blackpool Fire Station 62 Forest Gate FY3 9RA <b>01253 302 522</b> <a href="mailto:blackpooldistrictcfs@lancsfirerescue.org.uk">blackpooldistrictcfs@lancsfirerescue.org.uk</a> Helpline <b>0800 169 1125</b></p> <p>Dawn Gough: <a href="mailto:dawngough@lancsfirerescue.org.uk">dawngough@lancsfirerescue.org.uk</a> <b>01253 302 522</b> or <b>0792 000 8524</b> (Blackpool Fire Station) <a href="http://www.lancashire.gov.uk/yps">www.lancashire.gov.uk/yps</a></p>	<p>- Provide and install FREE smoke alarms - Give life saving advice in the event of a fire at home - Give advice on how to make a fire escape plan</p> <p><b>Education</b> Deliver education packages to young people displaying fire-setting tendencies</p> <p><b>Youth Engagement Scheme (YES)</b> 12 hours course held over five weekly sessions Demanding &amp; challenging Fire Service work experience course designed to develop personal skills &amp; qualities.</p>	<p>Family Home</p> <p>Schools, Any community group.</p> <p>Blackpool Fire Station</p>	<p>Community Fire Safety Officer</p> <p>Community Fire Safety Officer</p> <p>Road Safety British Red Cross</p>	<p>Open referral. Level 1, 2</p> <p>Age 4-18 Level 1,2</p> <p>Age 13-18 Free Levels 2,3</p>	<p>Self-referral. Call Helpline</p> <p>Contact Dawn</p> <p>Contact Dawn. Referral Form &amp; further details on website.</p>	<p>Varies with demand.</p> <p>Varies. Urgent referrals prioritised.</p>



## Fylde Parent/ Family Services

<p><b>British Red Cross</b></p> <p>113 Coronation Street Blackpool, Lancashire FY1 4QQ</p> <p><a href="http://www.redcross.org.uk">www.redcross.org.uk</a></p> <p>Eric Lee <a href="mailto:elee@redcross.org.uk">elee@redcross.org.uk</a></p> <p><b>01253 750900</b></p>	<p>Offer a range of services, including support &amp; teaching life skills:</p> <ul style="list-style-type: none"> <li>- Emergency Response</li> <li>- First Aid Training</li> <li>- Group sessions on different subjects, including bullying, breast feeding, young parents</li> <li>- Home from hospital support</li> <li>- Skin camouflage to cover scars</li> <li>- Medical Loans e.g. wheel chairs, shower chairs</li> </ul> <p>They are open to any ideas relating to working with the community.</p>	<p>Blackpool Centre.</p> <p>Group work at local venue.</p>		<p>Varies</p>	<p>Contact by phone or email. Self referral.</p>	<p>Varies depending on request.</p>
<p><b>SHIVER</b></p> <p>Corner House, 102 Dickson Rd Blackpool, FY1 2BU</p> <p><b>01253 311 431</b> Or 07944 340 130 Fax: 01253 312226</p> <p>Email: <a href="mailto:shiver@druglinelancs.co.uk">shiver@druglinelancs.co.uk</a> <a href="http://www.druglinelancs.gov.uk">www.druglinelancs.gov.uk</a></p>	<p>Providing support to people living with or affected by HIV.</p> <p>Counselling, complimentary therapies, befriending services and support identified bespoke to the needs of the individual</p> <p>Monday – Friday 9am – 5pm Late evening by appointment</p>	<p>Corner House 102 Dickson Road Blackpool</p> <p>Also various outreach venues to ensure the most appropriate support for the individual e.g. various community venues, home visits etc</p>	<p>Counsellors, Support Workers, Befrienders</p>	<p>Age 18+ Living with or affected by HIV in Blackpool, Wyre or Fylde</p>	<p>Self referral Agency by phone, email or website.</p>	<p>No. All new clients are contacted within 48 hours of receiving the referral</p>
<p><b>MEND</b> <b>Mind, Exercise, Nutrition... Do it!</b></p> <p>Poulton YMCA Swimming &amp; Leisure Centre. Breck Rd, Poulton, FY6 7HJ</p> <p><b>01253 882 105</b></p> <p><b>Family Fit</b></p> <p>Poulton YMCA Swimming &amp; Leisure Centre. Breck Rd, Poulton, FY6 7HJ</p> <p><b>01253 882 105</b></p>	<p>Healthy Life style programme, including weekly games &amp; activities, fun interactive discussions that teach easy effective ways to improve health &amp; self confidence. Practical demonstrations, games &amp; tips about healthy foods, label reading &amp; portion sizes.</p> <p>12 week Programme (two 2 hour sessions per week)</p> <p>Healthy Life style programme, providing sports &amp; games to:</p> <ul style="list-style-type: none"> <li>- improve health</li> <li>- bring families together through sport activities</li> </ul> <p>10 week programme</p>	<p>School, Community, Children's Centre</p> <p>Sports Centres</p>	<p>Programme Co-ordinator, Fitness Trainers</p>	<p>Age 7-13 Above ideal weight, Unhealthy lifestyle</p> <p>Level 2,3</p> <p>Usually follow on from MEND</p>	<p>Self-referral Agency By phone, email</p>	<p>None</p>

## Fylde Parent/ Family Services

<p><b>Y Intervention</b></p> <p>Face to Face YMCA Paterson Centre,75 St Albans Rd, St Annes. FY8 1XD <b>01253 720270</b> Adam Townsend – Intervention Worker <b>01253 720 270</b> <a href="mailto:adam.townsend@fyldecoastymca.org">adam.townsend@fyldecoastymca.org</a></p>	<p>Family Mediation, 1 to 1 session's that help rebuild family relationships that keep young people at home or return. Provide teenagers with Independent Living skills, anger management awareness. School programmes in Homelessness, Independent living, Financial awareness. Work Individually &amp; with whole family</p>	<p>Community, School, Family Home</p>	<p>Intervention Workers</p>	<p>Age 15 -19 Levels 2,3,4</p>	<p>CAF or Y Intervention Referral Form  Client self-referral. .</p>	<p>None Currently</p>
<p><b>Young Addaction</b> 6/8 Kensington Rd, Morecombe. LA4 5LX  Simon Rothwell (Team Leader) <b>01524 428 310 / 07771 655 482</b> <a href="mailto:s.rothwell@addaction.org.uk">s.rothwell@addaction.org.uk</a></p>	<p>Support &amp; advice around substance misuse proactive &amp; reactive (drugs &amp; alcohol).  Education &amp; knowledge around substances.</p>	<p>School,  Community  Family home (only in exceptional circumstances)</p>	<p>Project Worker, Alcohol Specialist</p>	<p>Up to Age 21 Levels 2,3</p>	<p>Addaction Referral Form CAF</p>	<p>None</p>
<p><b>INSPIRE North Lancashire</b> Paterson Centre St Albans Road St Annes FY8 1XD  <b>0845 894 1745</b>  Project Manager - Katie Egan <a href="mailto:kate.egan@cri.org.uk">kate.egan@cri.org.uk</a></p>	<p>Provider of inspirational Recovery from Drug and Alcohol dependency across North Lancashire.  Harm Minimisation and Needle exchange program.  Family parent carer support.  Training Advice and Information</p>	<p>Centre Based GP surgeries - shared care in addition to outreach facilities.</p>	<p>Assessment and Engagement team  Recovery Co Ordinators  Recovery Champions  Peer Mentors  Foundations of Recovery  Community Detox Harm Minimisation including BBV and healthcare services</p>	<p>Age 18+ People with or effected by alcohol / drug related issues and problems.  Levels 2,3,4</p>	<p>Referral Form, CAF Website, Telephone. Self presenting.  Client self-referral</p>	<p>None</p>

<p><b>Intervention Websites</b>  Police - <a href="http://www.lancashire.police.uk">www.lancashire.police.uk</a></p> <p>Police Non-emergency <b>0845 125 3545</b>  Victim Support <b>0845 3732458</b>  Legal Advice Line <b>0845 1202 948</b> (4p min)  <a href="http://www.childrenslegalcentre.com">www.childrenslegalcentre.com</a></p> <p>Courts Service - <a href="http://www.hmcourts-service.gov.uk">www.hmcourts-service.gov.uk</a></p> <p><b>Rights of Women - Sexual violence legal advice phone: 020 7251 8887</b>  Men's Aid - <a href="http://www.mensaid.com">www.mensaid.com</a></p> <p><b>Domestic Violence</b> 24hr Freephone <b>0808 2000 247</b>  <a href="mailto:helpline@womensaid.org.uk">helpline@womensaid.org.uk</a></p>	<p>Missing People - <a href="http://www.runawayhelpline.org.uk">www.runawayhelpline.org.uk</a>  Victim or Witness of crime - <a href="http://www.victimsupport.org">www.victimsupport.org</a>  Bullying - <a href="http://www.bullying.co.uk">www.bullying.co.uk</a>  Cyber Bullying - <a href="http://www.bullyingonline.org">www.bullyingonline.org</a>  Child Exploitation &amp; Online Protection - <a href="http://www.ceop.gov.uk">www.ceop.gov.uk</a>  Child Abuse - <a href="http://www.childline.org.uk">www.childline.org.uk</a>  Parents involved with social services / social care  <a href="http://www.frg.org.uk">www.frg.org.uk</a></p>	<p>National Family Mediation  <a href="http://nfm.org.uk">nfm.org.uk</a>  Families Need Fathers  <a href="http://fnf.org.uk">fnf.org.uk</a>  Family Law <a href="http://resolution.org.uk">resolution.org.uk</a></p> <p>Young Peoples Legal Rights  <a href="http://www.lawstuff.org.uk">www.lawstuff.org.uk</a></p>
<p><b>Addiction Websites</b></p> <p>Drugs - <a href="http://www.talktofrank.com">www.talktofrank.com</a>  Drugs Helpline <b>0800 77 66 00</b>  Crime Stoppers <b>0800 555 111</b>  Alcohol - <a href="http://www.alcoholics-anonymous.org.uk">www.alcoholics-anonymous.org.uk</a>  Drinkline Helpline: <b>0800 917 8282</b></p> <p>Look Out Alcohol <a href="http://www.lookoutalcohol.co.uk">www.lookoutalcohol.co.uk</a></p> <p>Website for children of 7 – 11 years old, their parents/ carers and teachers.</p>	<p>Drug Related Sexual Abuse &amp; Drink Spiking - <a href="http://www.roofie.com">www.roofie.com</a></p> <p>Gambling - <a href="http://www.gamcare.org.uk">www.gamcare.org.uk</a></p> <p>Stop Smoking  <a href="http://www.quit.org.uk">www.quit.org.uk</a>  NHS <b>01524 845 145</b></p>	

## Emotional Well Being / Mental Health

<p><b>Primary Care Mental Health Service (PCMHS)</b></p> <p>Admin base: Darwin Court, Blackpool FY2 0JN</p> <p><b>01253 655943</b></p>	<p>Adult mental health team, who work with people with mild/moderate mental health issues. Offer short term intervention, 6-20 weeks depending on type of intervention. Services/ therapies include:</p> <ul style="list-style-type: none"> <li>- Solution based therapy</li> <li>- Person-centres therapy</li> <li>- Cognitive Behavioural Therapy</li> <li>- Facilitated Self-help</li> <li>- Information, health advice &amp; access to local services</li> <li>- Workshops &amp; support groups</li> </ul>	<p>Primary Care settings e.g. GP Surgery</p>	<p>Primary Care Nurses, Psychological Wellbeing Practitioner, Counsellors, High Intensity Worker CBT therapist</p>	<p>Age 16+  Level 2</p>	<p>Referral through GP.  Primary Care Professionals</p>	<p>Varies for each service.</p>
<p><b>Woodlands Community Mental Health Team</b></p> <p>155, St Andrews Road South, St Annes. <b>01253 651 355</b></p> <p>2, Cedar Crescent, Kirkham Tel no 01772 671 949 Rachael Willis</p>	<p>Adult mental health team, who work with people with complex/severe mental health issues.</p> <p>We are a secondary care service.</p> <p><b>Day/resource service</b> at Kirkham</p>	<p>At the base Own homes, dependent on need.</p> <p>Kirkham</p>	<p>Psychiatrist, Psychologist, Community Mental Health Nurses, Social Workers, Approved Mental Health Professionals, Support, Time &amp; Recovery Workers, Occupational Therapist</p>	<p>Age 16-65  Levels 3,4</p>	<p>Post /phone. Duty workers take telephone referrals &amp; referrer answer questions or queries. CAF Client self-referral.</p>	<p>Routine assessment – approx. 3 weeks.</p> <p>Urgent referrals prioritised.</p>
<p><b>Creative Support, Solutions Plus Service</b></p> <p><b>07792 982 973</b></p> <p><a href="mailto:Tracy.trickett@creativesupport.org.uk">Tracy.trickett@creativesupport.org.uk</a></p> <p>Temp office. Unit 28c Progress business park, Kirkham, Lancashire.</p>	<p>Confidential Service delivering a wellbeing and prevention service for people with mental health needs. Service delivered in three elements.</p> <p><b>Step one</b> – an open access service to support people with or without mental health needs to access more social involvement.</p> <p><b>Step two</b> – Referred in short term support service which helps people with defined mental health needs to achieve personal goals and be more socially included.</p> <p><b>Step three</b> – long term support service which helps people with significant and clinical mental health needs to achieve personal goals.</p>	<p>Fylde and Wyre, Lancaster</p> <p>Cyber café (to be opening soon)</p> <p>The Crescent West Cleveleys Lancashire</p> <p>Plus local centres and various community settings.</p>	<p>Large range of agencies CMHT, GP's,</p>	<p>Age 16+ <b>Step one</b> – open to all <b>Step two</b> – mild to moderate mental health needs. Short term support, up to 18 sessions. <b>Step three</b> – service funded via personal budget of service user</p>	<p><b>Step one</b> – open to all, self referral by phone or in person</p> <p><b>Step two + three</b> – referral by GP, CMHT or any other health professional</p>	<p>No waiting list at present</p>

## Fylde Parent/ Family Services

<p><b>Clinical Psychology Service</b> Children, Young People &amp; their Families</p> <p>Second floor, Whitegate Health Centre, Whitegate Drive Blackpool, FY3 9ES</p> <p>Tel: 01253 657148</p> <p>Contact: Dr Janine Williams, Head of Service</p> <p>Mary Owen, Service Administrator</p>	<p>Child Clinical Psychology Service operating across the Fylde Coast within the context of specialist CAMHS and Community Child Health.</p> <p>Input for children with medical conditions, pervasive developmental disorders and learning disabilities are also provided.</p> <p>Range of services includes:</p> <ul style="list-style-type: none"> <li>- Assessment and psychological intervention with children, young people, and their families</li> <li>- Family therapy</li> <li>- Parenting groups</li> <li>- Consultation and training to other professionals working in child services (e.g., GPs, Health Visitors, School Nurses, Hospital and Community Paediatricians, Social Services, and Education)</li> </ul> <p>Ways of working:</p> <ul style="list-style-type: none"> <li>- Individual</li> <li>- Whole family</li> <li>- Indirectly via consultation and liaison with involved professionals.</li> </ul>	<p>Various locations throughout Blackpool, Fylde &amp; Wyre, including: Whitegate Health Centre, GP surgeries; Health Centres; Children's Centres.</p>	<p>Qualified Clinical Psychologists, Trainee Clinical Psychologists, Psychology Assistants, Administrative staff.</p> <p>Other qualified psychologists (e.g., Educational, Counselling, or Neuropsychologists) may be appointed as appropriate.</p>	<p>Level 3</p> <p>Age - Up to 16 (18 if full time education) Registered with local GP</p> <p>Difficulties can help with: Emotional diffs Behavioural diffs associated with emotional distress Psychological Adjustment to life events &amp; illness/disability Complex psychological diffs resistant to previous intervention.</p>	<p>GPs, Hospital, Community Paediatricians, Healthcare professionals.</p> <p>Referrals from Education, Children's Social Care &amp; other agencies only accepted following consultation with a member of the Child Clinical Psychology Service and with GP's knowledge.</p> <p>All referrals by post to Head of Service.</p>	<p>No formal waiting list. On referral family is contacted by letter &amp; invited to phone service to make an appointment.</p> <p>Families are offered an initial "Choice" appointment within 8 weeks following the date their referral is received.</p>
<p><b>Child &amp; Adolescent Mental Health Service (CAMHS)</b></p> <p>White Gate Drive Health Centre White Gate Drive, Blackpool. FY3 9ES <b>01253 657 166</b> <b>Frank Wood</b> – Team Leader <a href="mailto:frank.wood@blackpool.nhs.uk">frank.wood@blackpool.nhs.uk</a></p>	<p>Supporting children who have emotional or behaviour difficulties or mental health disorders. Also support their parents to cope with these difficulties and promote positive mental health through parenting work..</p> <p>Ways of working:</p> <ul style="list-style-type: none"> <li>- Individually</li> <li>- Whole family</li> </ul> <p>Contact the <b>Duty Team</b> Member to discuss case before referral - <b>01253 657 166</b></p>	<p>Health Centre, School, Family Home (exceptional circumstances)</p>	<p>Multi-disciplinary Approach: Various levels of CAMHS Practitioner, Psychologists, ADHD Nurse, Occupational Therapist.</p>	<p>Age 0-16</p> <p>Level 3,4</p>	<p>Only through or health professional, or Social Care i.e. GP, Paediatrician, Health Visitor, School nurse. Using CAF &amp; accompanying letter.</p>	<p>6-8 weeks for non-urgent.</p> <p>Urgent referrals prioritised</p>

## Fylde Parent/ Family Services

<p><b>CCATS (Coastal Child and Adult Therapeutic Service)</b></p> <p>Westbourne House 3 Lockwood Avenue Poulton-le-Fylde, Lancs, FY6 7AB <b>Steve Booth/Julie Kershaw</b> (Directors) Tel <b>01253 896 444</b> Fax 01253 893368 <a href="http://www.ccats.org.uk">www.ccats.org.uk</a> <a href="mailto:ccats@btconnect.com">ccats@btconnect.com</a></p>	<p>Counselling and Psychological Therapy Service. Offer a range of therapeutic interventions, complemented by support and advice on a range of topics.</p> <p>Ways of working:</p> <ul style="list-style-type: none"> <li>- Individually</li> <li>- Whole family</li> <li>- Groups</li> <li>- Courses</li> </ul>	<p>Family Centre, Health Centre, Community, School, Family Home</p>	<p>Psychologists, Psychological Therapists, Play therapists, Family Support Workers, Social Workers</p>	<p>Age 5-13  Level 2</p>	<p>CAF or CCATS Referral Form</p> <p>Client self-referral</p>	<p>None Currently</p>
<p><b>Connect</b> 26 Talbot Rd, Blackpool. FY1 1LF Alison Farrell - <a href="mailto:alison.farrell@blackpool.nhs.uk">alison.farrell@blackpool.nhs.uk</a> <b>01253 655 858</b></p>	<p>Person Centred Counselling with integration of other approaches.</p> <p>Ways of working:</p> <ul style="list-style-type: none"> <li>- Individually</li> </ul> <p>Negotiable time limit.</p>	<p>Community: Face to Face, St Annes</p>	<p>Counsellors</p>	<p>Age 11-25  Levels 2,3,4</p>	<p>Telephone call, Email, CAF Client self-referral</p>	<p>4 weeks</p>
<p><b>Butterfly Project (Female) Phoenix Project (Male)</b></p> <p>NCompass, Avroe Crescent, Blackpool Business Park, Blackpool FY4 2DP <b>01253 362 140</b> Contact Line 07815 723564 <a href="http://www.ncompass1.org">www.ncompass1.org</a></p>	<p>Supports those engaged in self-harm or destructive behaviours. Including cutting skin, pulling out hair, head banging, biting &amp; burning oneself, mild eating disorders, minor alcohol/drug taking, self neglect, promiscuity, under/over dosing self medication, punching walls/furniture, risk taking behaviour.</p> <p>Offers one to one counselling, group work &amp; self-help/peer mentoring group.</p> <p>Usually 6-8 sessions but negotiated based on need, followed by group work</p>	<p>Various venues.</p>	<p>Counsellors Support Workers</p>	<p>Age : Male 11-18 Female 11-18  Levels 2,3,4</p>	<p>Telephone Call, Text Message Email, CAF, Post, Fax In Person – Drop In</p> <p>Client self-referral</p>	<p>May vary.  Urgent requests prioritised</p>
<p><b>Fylde Counselling Service</b></p> <p>Face to Face YMCA Paterson Centre 75 St Albans Rd, St Annes. FY8 1XD <b>01253 720270</b> <a href="mailto:admin.fcs@fyldecoastymca.org">admin.fcs@fyldecoastymca.org</a></p>	<p>Person Centred Counselling, safe confidential space for client to explore experiences &amp; issues. Client sets the agenda &amp; pace. Counsellor focuses on helping client to find their own answers.</p> <p>Work individually on 1 to 1 basis. Typically to upper limit 18 sessions.</p>	<p>Community: Face to Face, St Annes, Clifton Hospital Lytham Primary Care Centre</p>	<p>Counsellors</p>	<p>Age 16 +  Levels 2,3  Donations are invited but do not affect access.</p>	<p>Telephone call,  Clients usually self refer.</p>	<p>Approx. 12 weeks</p>

<p><b>Linden Centre &amp; CASCADE</b></p> <p>Low Moor Rd, Bispham Blackpool. FY2 0PE</p> <p><b>01253 595 552</b> Fax. 01253 595 654 <a href="mailto:trinity.enquiries@trinityhospice.co.uk">trinity.enquiries@trinityhospice.co.uk</a> <a href="http://www.trinityhospice.co.uk">www.trinityhospice.co.uk</a></p>	<p>Support to those who are:</p> <ul style="list-style-type: none"> <li>- Facing a terminal illness</li> <li>- Caring for somebody with a terminal illness</li> <li>- Struggling to cope following bereavement.</li> </ul> <p>Offers a range of support including: companionship, counselling, group work.</p> <p><b>CASCADE</b> - Child and Adolescent Support and Counselling Around Death Experience</p>	<p>Linden Centre In home if illness prevents access to Linden Centre</p> <p>In School.</p>	<p>Counsellors, Child Counsellors, Companion Volunteers</p>	<p>16+ Dealing with life threatening illness. Levels 2,3,4</p> <p>5+ Loss of any family member</p>	<p>Linden Referral Form CAF. Client self-referral.</p>	<p>Group – up to 3 m 1 to 1 – up to 2m</p>
<p><b>Help Direct (see page 1)</b></p>	<p>Solution focused counselling (6-8 sessions)</p>					
<p><b>Marriage Care</b></p> <p>North West Therapy Centre 85 Abingdon Street Blackpool FY1 1PP <b>0800 389 3801</b></p> <p><a href="http://www.marriagecare.org.uk">www.marriagecare.org.uk</a></p>	<p>Relationship counselling supporting marriage, relationships and family life. Relationship education and marriage preparation.</p> <p>Relationship telephone help line 0845 660 6000</p>	<p>NW Therapy Centre, Blackpool</p>	<p>Counsellors</p>	<p>Couples or individuals No set fee. Clients asked to make whatever contribution they can</p>	<p>Telephone 0800 389 3801 Client self-referral</p>	<p>Approx. 1 month</p>
<p><b>MOSAC (Mothers &amp; Safe Carers of Sexually Abused Children)</b></p> <p>The Shirley Jordan Centre 1<sup>st</sup> Floor, 35 Topping St Blackpool Lancs. FY1 3AF <b>01253 628598</b> <a href="mailto:Mosac1995@live.com">Mosac1995@live.com</a></p>	<p>Individual &amp; group support on a practical &amp; emotional level. Services provided:</p> <ul style="list-style-type: none"> <li>- Telephone Help line</li> <li>- Counselling (adults)</li> <li>- Courses</li> <li>- Information &amp; Advice</li> <li>- Drop-in service</li> <li>- Children's activities</li> <li>- Day trips &amp; special events</li> </ul>	<p>Topping St Centre, Drop In Mondays</p> <p>1<sup>st</sup> Wed of month Centre for Independent Living, Whitegate Dr</p>	<p>Counsellors Qualified Listeners</p>	<p>Sexual Abuse</p>	<p>Telephone, Fax Email In person. Client self-referral</p>	<p><b>No waiting for drop in &amp; listening support</b></p> <p><b>1 month for counsel-ing</b></p>

## Fylde Parent/ Family Services

<p><b>Relate Relationship Counsellors</b></p> <p>160 Garstang Road Fulwood, Preston PR2 8NB <b>01772 717 597</b></p> <p><a href="http://www.relatelancashirecumbria.org.uk">www.relatelancashirecumbria.org.uk</a></p> <p><b>Relate For Parents</b></p> <p>Helpline : <b>0300 100 1234</b> <a href="http://www.relateforparents.org.uk">www.relateforparents.org.uk</a></p>	<p>Relationship counselling for couples, including LGBT couples and people on their own. Family counselling and psychosexual therapy. Relateen for clients between 9-25, and can deal with domestic violence clients.</p> <p>Telephone and email counselling service. Telephone support Online support through:</p> <ul style="list-style-type: none"> <li>- Film dramas</li> <li>- Podcasts</li> <li>- Interesting articles</li> <li>- Personal help from live chat service</li> </ul>	<p>Wood St, St Annes. FY8 1QG</p> <p>Preston Lancaster</p> <p>Telephone On line</p>	<p>Counsellors BACP accredited BASRT accredited AFT accredited</p> <p>Counsellors</p>	<p>Age 9+</p> <p>Level 2,3</p> <p>Donation based on income.</p> <p>Open referral Free</p>	<p>Self-referral</p> <p>By referral on recommendations from Agencies</p> <p>Internet</p>	<p>2-8 weeks, dependant on client availability</p>
<p><b>Mental Health &amp; Well Being Websites</b></p> <p>Mental Health Helpline Freephone: 0500639000 <a href="http://www.lancs-mentalhealthhelpline.nhs.uk">www.lancs-mentalhealthhelpline.nhs.uk</a></p> <p>Mental Health - <a href="http://www.sane.org.uk">www.sane.org.uk</a> or <a href="http://www.mind.org.uk">www.mind.org.uk</a></p> <p>Depression &amp; Anxiety – <a href="http://www.depressionalliance.org.uk">www.depressionalliance.org.uk</a></p> <p>Survivors of Male Sexual Abuse - <a href="http://www.survivorsuk.org">www.survivorsuk.org</a></p> <p>Bereavement - <a href="http://www.crusebereavementcare.org.uk">www.crusebereavementcare.org.uk</a> or <a href="http://www.rd4u.org.uk">www.rd4u.org.uk</a></p> <p>Eating Disorders - <a href="http://www.nationaleatingdisorders.org">www.nationaleatingdisorders.org</a></p> <p>Emotional Support – <a href="http://www.samaritans.org">www.samaritans.org</a> <b>08457 90 90 90</b></p> <p>NSPCC Child Protection Advice 0808 800 5000 <a href="mailto:help@nspcc.org.uk">help@nspcc.org.uk</a></p> <p>Childline <b>0800 1111</b> <a href="http://www.childline.org.uk">www.childline.org.uk</a></p>		<p>Relationship Advice &amp; Support (Personal tool) – <a href="http://www.thecoupleconnection.net">www.thecoupleconnection.net</a></p> <p>Couples Counselling (donations based on income) - <a href="http://www.relate.org.uk">www.relate.org.uk</a></p> <p><b>Mediation</b></p> <p>National Family Mediation <a href="http://nfm.org.uk">nfm.org.uk</a></p> <p>Families Need Fathers <a href="http://fnf.org.uk">fnf.org.uk</a></p> <p>Family Law <a href="http://resolution.org.uk">resolution.org.uk</a></p> <p><b>Parents concerned about mental health</b></p> <p>Helpline <b>0800 018 2138</b> <a href="http://www.youngminds.org.uk">www.youngminds.org.uk</a></p>				



## Housing

<p><b>Fylde Borough Council Housing Advice &amp; Homelessness</b></p> <p>Fylde Direct One Stop Shop 292 Clifton Drive North St Annes FY8 1LH <b>01253 658 658</b> <a href="mailto:housing@fylde.gov.uk">housing@fylde.gov.uk</a> <a href="http://www.fylde.gov.uk/housing">www.fylde.gov.uk/housing</a></p>	<p>Provides advice on: - Looking for accommodation including private rented, social rented or sheltered housing. - Housing Advice - your rights as a tenant. - Homelessness - Struggling with mortgage repayments</p> <p>Out of hours homelessness service in partnership with New Fylde Housing. 01253 642111</p>	<p>One Stop Shop</p> <p>In home if mobility problems</p>	<p>Housing Advice Officer Homelessness Officer</p>	<p>None</p> <p>Levels 2,3,4</p>	<p>One Stop Shop (no-appointment) M – Th 9-5pm (4.30 close on Fri)</p> <p>Ring to make an appointment or drop in</p>	<p>Varies depending on issues</p>
<p><b>Face to Face YMCA</b></p> <p>Paterson Centre, 75 St Albans Rd, St Annes. FY8 1XD <b>01253 720270</b></p> <p><b>Mark Moir - Bond Guarantee Officer</b> <b>01253 720 270</b> <a href="mailto:admin.f2f@fyldecoastymca.org">admin.f2f@fyldecoastymca.org</a></p>	<p>Bond Guarantee Scheme with some pre &amp; post tenancy support. Finding &amp; securing private rented accommodation within Fylde Borough, using private landlords &amp; selected lettings agencies,</p> <p>The bond guarantee (£400 max) is used in lieu of the deposit required.</p>	<p>Face to Face, St Annes Other community locations on request, e.g. Pear Tree Children's Centre</p>	<p>Rent Bond Guarantee Officer</p>	<p>Age: 16+ Local Fylde Connection e.g. lived in Fylde for 6 out of last 12 months.</p> <p>Levels 2,3,4</p>	<p>Drop-in (no-appointment) M - Fri 9.30-12</p> <p>Call to make an appointment outside these hours</p>	<p>None</p>
<p><b>New Fylde Housing</b></p> <p>Warwick house Kilnhouse Lane Lytham St Annes FY8 3DU</p> <p><b>01253 642000</b> <a href="http://www.progressgroup.org.uk">www.progressgroup.org.uk</a> Email: <a href="http://www.progressgroup.org.uk/homes/newfylde/contact-nfh.htm">www.progressgroup.org.uk/homes/newfylde/contact-nfh.htm</a></p>	<p>Registered Social Landlord. Tenancy Support to vulnerable tenants and to homeless applicants in temporary accommodation</p>	<p>Fylde</p>	<p>Tenant Services Officer Homeless &amp; Tenancy Support Officer</p>	<p>Tenants of New Fylde Housing &amp; applicants in temporary accommodation</p>	<p>Social Services, Health, Education, FBC, F2F. Direct, Internal, Self Referral</p>	<p>No</p>

## Fylde Parent/ Family Services

<p><b>DISC Lancashire Floating Support</b></p> <p>Quayside Court Offices, Riversway, Preston. PR2 2YP <b>0800 107 5558 or</b> <b>01772 723 061</b></p> <p><a href="mailto:compass@disc-vol.org.uk">compass@disc-vol.org.uk</a> <a href="http://www.disc-vol.org.uk">www.disc-vol.org.uk</a></p>	<p>Housing related support for individuals, who may have a variety of needs and/or issues. e.g. rent arrears, neglect of property, complaints anti-social behaviour, domestic violence, mental health issues, substance misuse.</p>	<p>Community settings e.g. Face to Face, Family home</p>	<p>DISC, Together, Richmond Fellowship, Lancaster District Women's Aid, Inward House Barnardo's</p>	<p>Age 16+</p> <p>Risk of homelessness .</p> <p>Levels 2,3,4</p>	<p>Telephone or email</p> <p>Client self-referral</p> <p>Referral Form (website download)</p> <p>CAF</p>	<p>None</p>
<p><b>Richmond Fellowship</b></p> <p>Locality office 5 St. Andrews Rd South, St. Annes, Lancs. FY8 1SX <b>01253 780 952</b></p> <p>Claire Dobson – Service manager Lancashire SHS &amp; FS <a href="http://www.richmondfellowship.org.uk">www.richmondfellowship.org.uk</a></p>	<p>Various levels of supported housing for adults with mental health problems in the Fylde Coast area.</p> <p>Also Housing Floating support available via DISC</p>	<p>2 Blocks of flats in St Annes plus shared accommodation and flats in Blackpool.</p>	<p>Additional support to service users from the Community Mental Health Teams</p>	<p>Must have a care co-ordinator &amp; Consultant Psychiatrist Level 3 Self-referral via DISC Levels 2,3</p>	<p>Apply directly to Locality office or download application form website.</p>	<p>May vary. Urgent referrals prioritised.</p>
<p><b>Harbour House</b> (Part of Fylde Coast YMCA)</p> <p>Harbour House, 4 Dock Rd, Lytham. FY8 5FG <b>01253 794 433</b> <a href="mailto:harbour.house@fyldecoastymca.org">harbour.house@fyldecoastymca.org</a></p>	<p>Supported accommodation for young people who are homeless. This comprises 12 individual units of accommodation with on site support to help YP to make the transition to independent living.</p>	<p>Harbour House</p>	<p>Support Worker</p>	<p>Level 4</p> <p>Age 16-25</p>	<p>Telephone/ email</p>	<p>Varies</p>

## Fylde Parent/ Family Services

<p><b>Refurb</b></p> <p>Unit 2 Navigation Way Fleetwood FY7 6RS</p> <p><b>01253 873371</b> <a href="mailto:donate@refurbproject.org">donate@refurbproject.org</a> <a href="http://www.refurbproject.org">www.refurbproject.org</a></p>	<p>Fylde Coast furniture Project Help families who are receiving benefits access furniture, electrical &amp; other household items. Access through local referral agent. Proof of benefits needs to be provided. Referral is valid for 12 months. Service user chooses from items available &amp; pays a service charge fee per item to cover running costs £10-£100 usually Donated items picked up from home.</p>	<p>Based in Wyre.</p> <p>Items collected &amp; delivered to homes</p>		<p>Receiving benefits. i.e. Job Seekers, Incapacity, Income Support, Carers, Housing</p>	<p>Referral Form from local agent: <b>Face to Face YMCA</b> <b>01253 720270</b></p> <p><b>Fylde CAB</b> <b>01772 682588</b></p> <p><b>Oak Tree Children's Centre</b> <b>01253 781571</b></p>	
<p><b>Housing/Homelessness Websites</b> Housing &amp; Homelessness - <a href="http://www.shelter.org.uk">www.shelter.org.uk</a></p>						

## Independent Advice, Debt &amp; Accessing Services

<p><b>Citizen's Advice Bureau</b></p> <p>Council Offices, Moor Street, Kirkham PR4 2AU</p> <p><b>01772 682 588</b> Fax: 01772 673014</p> <p><a href="mailto:kirkhamcab@cabnet.org.uk">kirkhamcab@cabnet.org.uk</a> <a href="http://www.fyldecab.org.uk">www.fyldecab.org.uk</a></p>	<p>Offer advice on: debt management, benefit checking, housing, employment, consumer issues, relationships, family matters, health, education, discrimination, immigration &amp; law.</p> <p>Advisers look holistically at a client's situation, so potential problems can be identified early or pre-empted, which prevents escalation.</p>	<p>Mon-Fri Moor St, Kirkham</p> <p>Tuesday 9.30-12.30pm St Annes Outreach at Age Concern Call for appointment 01253 783938</p>	<p>CAB Manager</p> <p>Volunteer Advisors</p>	<p>None</p> <p>Levels 2,3,4</p>	<p>Drop in: M - Th 9am-4pm. Thurs until 7pm Fri 9am– 12.30pm Sat 10am – 1pm</p> <p>Telephone Advice M - Fri 9am- 4pm</p> <p>Make an appointment.</p>	<p>1 week for apptmt.</p> <p>(2 weeks when high demand)</p>
<p><b>Welfare Rights</b></p> <p>Preston and Fylde Area Team PO Box 162 East Cliff Preston Lancashire PR1 3EA</p> <p>General Enquires <b>0845 053 0013</b> <a href="mailto:prestonwrs@lancashire.gov.uk">prestonwrs@lancashire.gov.uk</a></p>	<p>Aims to ensure full entitlement to benefit, covering: unemployment, sickness, disability, retirement, being a carer, on low wages, or finding it difficult to manage, Provides</p> <ul style="list-style-type: none"> <li>- Information</li> <li>- Independent and confidential advice</li> <li>- Representation on benefits and tax credits.</li> </ul> <p>Representation at Tribunals is also available.</p>	<p>Telephone. Outposts in Preston and the Fylde.</p> <p>Home visit if necessary.</p>	<p>Welfare Rights Officer</p>	<p>Lancashire resident.</p> <p>Levels 1,2,3</p>	<p>M-F 9am-5pm (between 4-5pm only messages taken)</p> <p>Mon morning, Fylde Direct One Stop Shop. Call for an appointment 0845 053 0013</p>	<p>No</p>
<p><b>North Lancs Advocacy (NLA)</b></p> <p>NCompass, Avroe Crescent, Blackpool Business Park, Blackpool FY4 2DP</p> <p><a href="mailto:admin@nladvocacy.co.uk">admin@nladvocacy.co.uk</a></p> <p><b>01253 362 140</b></p> <p><a href="http://www.ncompass1.org">www.ncompass1.org</a></p>	<p>Support to ensure access to services &amp; dealt with fairly by services. Offer :</p> <ul style="list-style-type: none"> <li>- Support to make decisions</li> <li>- Independent advice</li> <li>- Find out information &amp; help client to understand their rights</li> <li>- Support client to speak up for them self or speak with them or for them as requested</li> <li>- Work with health &amp; social care staff already supporting client</li> <li>- Try to access Social Care or health Services</li> </ul>	<p>Health Centre, Community, School, Family Home</p>	<p>Advocates</p>	<p>Age 18+ health &amp; social care services</p> <p>Age16+ mental health services</p>	<p>Telephone Call M-F 9-5</p> <p>Clients usually self refer.</p>	<p>Respond in 3-5 working days</p>

## Fylde Parent/ Family Services

<p><b>Wysemoney</b> – part of Blackpool Fylde and Wyre Credit Union</p> <p>Paterson Centre 75 St Albans Rd, St Annes. FY8 1XD <b>01253 720270</b></p> <p><b>Adam Townsend –Operations Manager</b> <a href="mailto:adam.townsend@fyldecoastmyca.org">adam.townsend@fyldecoastmyca.org</a></p>	<p>Offers easy savings and low cost, affordable loans service reducing dependency on door step lenders.</p> <p>Encourages a better understanding of budgeting and financial products among the young and wider community</p>	<p>Various venues throughout Blackpool Fylde and Wyre</p> <p>Schools, colleges &amp; community centres</p>	<p>Operations Manager</p>	<p>Age 18 +</p> <p>Age 14 +</p>	<p>Self referral by telephone/ in person/ email</p>	<p>None</p>
<p><b>Tax, Benefits, Debt Websites</b> Income Tax, Tax Credit, Child Benefit - <a href="http://www.hmrc.gov.uk">www.hmrc.gov.uk</a> Benefits helpline 0800 055 6688</p> <p>DWP Benefits (current claims) 0845 608 85 24</p> <p>Child Benefit 0845 302 1444 Child Support Agency 08457 133 133 Disability Benefits 0800 882 200 Disability &amp; Attendance Allowance 08457 123 456 Housing / Council Tax Benefit 01253 658658 Tax Credit Helpline 0845 300 3900</p> <p>Revenue &amp; Customs 0845 302 1478</p>		<p>Debt - <a href="http://www.nationaldebtline.co.uk">www.nationaldebtline.co.uk</a> National Debtline 0808 808 4000</p> <p>Credit Crunch Stress Line – 0300 123 2000 Money Made Clear 0845 437 9479</p> <p>Jobcentre Plus 0800 055 66 88</p> <p>Trading Standards (Consumer Direct ) 0845 404 0506</p>				

## Additional Needs

<p><b>Portage Home Visiting Service</b></p> <p>Early Years Sen &amp; Portage Service, Skerton Learning Centre, Mainway, Skerton, Lancaster. LA1 2AY  <b>01524 847 140</b>  <a href="http://www.portage.org.uk">www.portage.org.uk</a></p>	<p><b>Portage</b> - educational service for pre-school children with additional support needs (in 2 or more areas) and their families.</p> <p><b>Home Visiting Service</b> – families that don't qualify for Portage but need help or advice in the home.</p>	Family home	Portage Teacher Home Visitor	Age 0-4 Children with 2 or more areas of difficulty.	<p>Portage Referral Form CAF</p> <p>Client self-referral</p>	
<p><b>Parent Partnership Service (PPS)</b></p> <p><b>0845 6014 284</b>  <a href="mailto:information.lineteam@lancashire.gov.uk">information.lineteam@lancashire.gov.uk</a>  <a href="http://www.lancashire.gov.uk/pps">www.lancashire.gov.uk/pps</a></p>	<p>Provides information, help &amp; support to families of children with Special Educational Needs. Aiming to provide parents &amp; with accurate &amp; neutral information on all aspects of SEN</p>	School, Family Home	Parent Partnership Officer	<p>Child has additional needs/ SEN.</p> <p>Levels 2,3</p>	<p>Telephone call M-F 8am-5pm  PPS Referral Form  School  Local Authority  Client self-referral.</p>	None
<p><b>Carers Point! (Adult)</b>  <a href="mailto:carersadmin@wfcарers.co.uk">carersadmin@wfcарers.co.uk</a></p> <p>NCompass, Avroe Crescent, Blackpool Business Park, Blackpool FY4 2DP  <b>01253 362 145</b>  <a href="http://www.ncompassnorthwest.co.uk">www.ncompassnorthwest.co.uk</a></p>	<p>Newsletters  Carers Information Line  1-1 support  Support carers with Carers Assessments  Social Activities, Trips &amp; Events  Drop –ins  The Peace Of Mind For Carers Service  Time For Me &amp; Small Group Funding Grants  Facilitate &amp; support carers &amp; their views at Local and County Forums  Refer carers into other appropriate voluntary, statutory, &amp; public services  Attend meetings &amp; awareness raising events to identify hidden carers &amp; promote the issues of carers  Present presentations to community groups, carers groups &amp; professional within the voluntary, statutory, &amp; public sector</p>	Across North Lancashire in carers homes and local community settings	Carers Point! Support Workers	Carers, Parent Carers & Former Carers 18+	<p>Information Line M-F 9-5</p> <p>Carers can self refer, referrals also received from: - Adult &amp; Children's Social Care  GP's  Voluntary sector agencies  CMHT</p>	None

## Fylde Parent/ Family Services

<p><b>Play Inclusion Project - PIP</b></p> <p>153a Blackpool Old Road, Poulton le Fylde Lancs FY6 7RS <b>01253 899 883</b> Fax. 01253 899146 <a href="mailto:pip.bfw@ic24.net">pip.bfw@ic24.net</a></p>	<p>Supporting the inclusion of children and young people with additional needs. Support given in :</p> <ul style="list-style-type: none"> <li>- Nurseries, pre schools</li> <li>- After school &amp; social/leisure activity clubs.</li> </ul> <p>Ways of working:</p> <ul style="list-style-type: none"> <li>- Individually (child &amp; family respite)</li> <li>- Signposting</li> <li>- Holiday Activity Clubs &amp; After School Clubs</li> </ul>	<p>Various venues.</p>	<p>Children with Disabilities Team, Early Years Professionals,</p>	<p>Child has additional needs or SEN.  Age 0 – 25  Levels 2,3</p>	<p>May vary.  Social Care referral required for severe/complex needs.</p>	
<p><b>FIND Service</b></p> <p>LCC. Joint Divisional Office East Cliff Preston PR1 3JT <b>01772 532 509</b> <a href="mailto:FIND@lancashire.gov.uk">FIND@lancashire.gov.uk</a> <a href="http://www.lancashire.gov.uk/find">www.lancashire.gov.uk/find</a></p>	<p>Families can submit details about their child with disability or additional needs to a confidential database, which is used to develop an overview of the needs across the county to assist with planning services.</p> <p>They receive a free quarterly newsletter to help them keep informed about services and support which may be relevant.</p> <p>Families have access to a resource directory of local and national service providers.</p>	<p>Internet, Post, Face to face at events</p>	<p>Database Co-ordinator</p>	<p>Age 0 – 18, Additional Need or disability (with or without diagnosis)</p>	<p>Register on line Call for information pack</p>	<p>None</p>
<p><b>Lancashire Break Time</b></p> <p><b>Address</b> LCC. Room B9b, County Hall, Preston, PR1 3JT</p> <p><b>Telephone</b> 01772 532509</p> <p><b>e-mail</b> <a href="mailto:FIND@lancashire.gov.uk">FIND@lancashire.gov.uk</a></p> <p><b>LCC web site</b> <a href="http://www.lancashire.gov.uk">www.lancashire.gov.uk</a></p> <p><b>IDSS web site</b> <a href="http://www3.lancashire.gov.uk/corporate/web/?IDSS/29537">http://www3.lancashire.gov.uk/corporate/web/?IDSS/29537</a></p>	<p>Service for families with disabled children to have the support they need to live ordinary lives.</p> <p>Inclusion and Disability Support Service (IDSS) offer Lancashire Break Time. A Short break provision to enable the main carer to have a break from their caring role. The provision is for children and young people who have difficulty accessing universal services due to disability or additional need.</p>	<p>Various venues (list on website)</p>	<p>Various support staff.</p>	<p>Age 0-18</p>	<p>Contact individual providers listed on website.</p> <p><b>Lancashire Break Time web pages</b></p> <p><a href="http://www3.lancashire.gov.uk/corporate/web/?IDSS/38107#anchor184972">http://www3.lancashire.gov.uk/corporate/web/?IDSS/38107#anchor184972</a></p>	<p>May vary.</p>

## Fylde Parent/ Family Services

<p><b>LCIL</b>  <b>(Lancashire Centre for Independent Living)</b>  Preston Technology Management Centre  Marsh Lane, Preston.  PR1 8UQ  <b>01772 250300</b>  <b>Sue Wilkinson</b>  Peer Support Co-ordinator  <a href="mailto:office@lcil.info">office@lcil.info</a>  <a href="http://www.lcil.info">www.lcil.info</a></p>	<p>Provide support to help manage support packages, including: Self Directed Support, Direct Payments, and Individual Budgets.  The service is run by and for disabled people, which provides independent living advice and support.  Also offer socialising opportunities and training courses.</p>		<p>Various support staff.   Volunteers.</p>	<p>In receipt of support packages.</p>	<p>Contact by phone, email.   Usually referred by Social Services following assessment process.</p>	<p>None</p>
<p><b>Family Fund</b>   4 Alpha Court  Monks Cross Drive  York. YO32 9WN  <b>0845 130 4542</b> or  01904 621115  <a href="mailto:info@familyfund.org.uk">info@familyfund.org.uk</a>  <a href="http://www.familyfund.org.uk">www.familyfund.org.uk</a></p>	<p>Grants to low-income families that relate to the additional needs of severely disabled children and young person, which help  - relieve the stress of everyday life  - make life more enjoyable for the disabled child and their family,  e.g. bedding, clothing, washing machine, freezer, fridge, driving lessons, hospital visiting costs, computers, outings and holiday vouchers.</p>	<p>Via internet/ telephone  Sometimes home visit.</p>	<p>Family Fund Advisor</p>	<p>Low income &amp; child DLA.  Grants are discretionary &amp; subject to available funding.  Can apply for up to 3 items once every 12 months.</p>	<p>Application Form. Apply on line or download.</p>	<p>2-4 months processing time.</p>
<p><b>Contact a Family Free Helpline</b>  <b>0808 808 3556</b>  <a href="mailto:helpline@cafamilly.org.uk">helpline@cafamilly.org.uk</a>   Corriena Tomkinson, Family Worker  <b>01772 812 294</b>  <a href="mailto:corriena.tomkinson@cafamilly.org.uk">corriena.tomkinson@cafamilly.org.uk</a></p>	<p>Advice, information, and support to parents of all disabled children no matter what disability or health condition.   Home visiting service for families caring for a disabled child.</p>	<p>Telephone contact  Home visits</p>	<p>Family Worker</p>	<p>Age 0-19</p>	<p>Self referral</p>	<p>None</p>



<p><b>Ormerod Home Trust</b></p> <p>2 Headroom Gate, St Annes, FY8 3BD <b>01253 723 513</b></p> <p><b>Make all requests direct to Lorraine Scott.</b></p>	<p><b>OK Club</b> - Social, leisure and community activities for children with additional needs. <b>Sat 1.30 - 5.30pm</b> <b>Ok Club Sibling Group</b> – fun activity sessions for children to meet others in similar situation &amp; share ideas, stories &amp; information. <b>Sun 2 - 5pm</b> <b>Community Farm Group</b> – animal care, gardening, pony rides, animal therapy, pottery. <b>Chill Out Zone</b> – Information for parents &amp; activities for children <b>Dance &amp; Musical Theatre</b></p>	<p>Headroom Gate</p> <p>Farmer Parrs</p> <p>Fleetwood</p> <p>St Annes</p>		<p>Age 5-18 Priority to autism spectrum &amp; behavioural challenged</p>	<p>Telephone Lorraine 07966623916</p>	<p>Waiting List</p> <p>None currently</p>
<p><b>Breverton Group</b></p> <p>Breverton Hotel, 64 Orchard Rd, St Annes. FY8 1PJ</p> <p><b>Anna:- 0779 3560398</b> <b>Krystal:- 0779 3560018</b></p> <p><a href="mailto:info@thebrevertongroup.co.uk">info@thebrevertongroup.co.uk</a> <a href="http://www.thebrevertongroup.co.uk">www.thebrevertongroup.co.uk</a></p>	<p><b>Family/Carer Support Group</b> – families/carers who have children with varying additional/complex health needs, with/without educational statements. Relaxed &amp; informal support. <b>Babble &amp; Brew</b> – family/carers support group. Dates on website. <b>Breverton Breezy</b> – family/carers with additional/complex health needs children/young persons. Dates on website.</p> <p><b>Breverton Buddies</b> – music/youth club. Dates on website.</p>	<p>Family/ Carer Support at Breverton Hotel,</p> <p>Monthly on <b>Thurs</b> 10:30-12:30</p> <p><b>Please check website for details</b></p>	<p>Parents/ Carers</p>	<p>Any age</p>	<p>Telephone Anna or Krystal</p> <p>Email</p>	<p>None</p> <p>Numbers are limited</p>
<p><b>Additional Needs Websites</b></p> <p>Autism – <a href="http://www.autisminitiatives.org">www.autisminitiatives.org</a> or <a href="http://www.blackpooltiggers.co.uk">www.blackpooltiggers.co.uk</a> PADDA (Preston &amp; District Dyslexia Association) – Helpline 01772 619640</p> <p><b>SCOPE</b> <a href="http://www.scope.org.uk">www.scope.org.uk</a></p> <p><b>FASawareUK (Foetal Alcohol Syndrome) 01942 223780</b> Host an active FASD forum on <a href="http://www.fasaware.co.uk">www.fasaware.co.uk</a> for parents/carers to share and support each other</p> <p>FASawareUK launched the 1<sup>st</sup> accredited FASD training course <a href="http://www.ncchomelearning.co.uk">www.ncchomelearning.co.uk</a> <a href="http://www.fasaware.co.uk">www.fasaware.co.uk</a> <a href="mailto:fasawareuk@blueyonder.co.uk">fasawareuk@blueyonder.co.uk</a></p>		<p>LGBT Carers Group : information, news events, chat <a href="http://www.lgf.org.uk/carers">www.lgf.org.uk/carers</a> 0161 234 4254 Dial A Bus, Dial A Ride &amp; Community Car Schemes – 01253 293300 <a href="http://www.transportforlancashire.com">www.transportforlancashire.com</a></p>				

## Training

<p><b>Blackpool &amp; The Fylde College's Employability Team</b>, Seaside Learning Centre, Blackpool FC, Sands Way, Blackpool FY1 6JJ</p> <p><b>Blackpool</b> – Seaside Learning Centre, Bispham Campus, Central Blackpool Campus, Kincaig Construction Centre</p> <p><b>Fleetwood</b> – Lofthouses Building</p> <p><b>01253 402 950</b> <a href="mailto:abra@blackpool.ac.uk">abra@blackpool.ac.uk</a></p>	<p>Post 18 free courses for people who are not working and in receipt of Job Seekers Allowance or Work Related Employment and Support Allowance to help them gain sustainable employment.</p> <p>Courses available include Retail, Hospitality, Care and Construction, as well as Maths and English up to level 2</p>	Various venues	Job Centre Plus (JCP) Connexions	<p><b>Employability programmes</b> - 18 or over &amp; - Receipt of Job Seekers Allowance or Work Related Employment and Support Allowance</p>	Referrals to Seaside for an initial interview by calling the Employability Team on 01253 402950	
<p><b>Blackpool &amp; The Fylde College Adult Community Learning</b></p> <p>Base: Ansdell Campus <b>01253 504 620</b> <a href="mailto:adultcommunitylearning@blackpool.ac.uk">adultcommunitylearning@blackpool.ac.uk</a> General course enquiries number <b>01253 504 343</b></p>	<p>Non-accredited courses on a range of subjects; some open to the general public, some discrete to individual client groups.</p> <p>Courses including aromatherapy, yoga, computer skills; confidence building; crafts; drawing and painting; singing and a host of other subjects.</p>	Number of venues across Blackpool, Fylde & Wyre.		Adult 19+	Self referral group/agency.	
<p><b>Education, Training Websites</b></p> <p>Higher Education - <a href="http://www.ucas.com">www.ucas.com</a> or <a href="http://www.aimhigher.ac.uk">www.aimhigher.ac.uk</a> Finding a Job &amp; Benefits - <a href="http://www.jobcentreplus.gov.uk">www.jobcentreplus.gov.uk</a> Courses, Qualifications, Careers - <a href="http://www.learndirect.co.uk">www.learndirect.co.uk</a></p>		<p>Princes Trust - <a href="http://www.princes-trust.org.uk">www.princes-trust.org.uk</a> Duke Of Edinburgh – <a href="http://www.dofe.org.uk">www.dofe.org.uk</a></p>				

<p><b>UR Potential</b> Head Office Claremont First Step Centre Dickson Road Blackpool FY1 2AP</p> <p><a href="http://www.urpotential.co.uk">www.urpotential.co.uk</a> <b>Deborah Terras lead practitioner</b> <a href="mailto:info@urpotential.co.uk">info@urpotential.co.uk</a> <b>Tel: 01253 292299/07989746673</b></p>	<p>Provide community based training for community members, volunteers and staff. Provide accredited and non-accredited training in confidence, youth work, volunteering, employability, peer mentoring, safeguarding, H&amp;S, Food Hygiene, Team leadership and PTTLs (Teaching qualification). Specialise in <b>WOMEN ONLY COURSES</b></p> <p>Can design and deliver courses to suit individuals and communities.</p> <p>Training for 14 to 25 years old in accredited and non-accredited courses. Covering employability, volunteering, sexual health, substance misuse, confidence, peer mentoring, media/film studies, basic IT, Youth work, leadership, peer mentoring and Team Leadership.</p> <p>Training for 19 year old and over in: Employability Entry Level 3 to level 2 (with specific focus on women only) Image consultancy, youth and community work, health and safety, Teaching qualification, food hygiene, basic IT, volunteering, mentoring.</p>	Community venues across Fylde	Community tutors  Youth and community workers	Aged 14 -25 Age 19 plus	Telephone Call Email Self-referral	2 days to receive confirmation of course
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## Volunteering

<p><b>UR Potential Fylde Coast</b> Be Involved Youth Volunteering Project</p> <p><b>Head Office</b> Claremont First Step Centre Dickson Road Blackpool FY1 2AP</p> <p><a href="http://www.urpotential.co.uk">www.urpotential.co.uk</a></p> <p><a href="http://www.fyldecoastbeinvolved.co.uk">www.fyldecoastbeinvolved.co.uk</a></p> <p><a href="http://www.do-it.org.uk/search/vc/935025">www.do-it.org.uk/search/vc/935025</a></p> <p><b>Fylde Fieldworker</b></p> <p><b>Tel: 01253 292299/07453959567</b></p>	<p>Provide volunteering opportunities across the Fylde Coast to 14 to 25 year olds. Provide supported volunteering to those who require additional support. Provide trained and qualified peer mentors. Provide pre volunteering training and access to accreditation. Provide opportunities to gain work skills and social skills.</p>	<p>Schools, outreach. Across the Fylde coast Operate Drop Ins 1:meetings</p>	<p>Outreach Workers:</p> <ul style="list-style-type: none"> <li>- Adult</li> <li>- Child</li> </ul>	<p>Aged 14 to 25</p>	<p>Telephone Call</p> <p>Self-referral Complete 1:1 self-assessment with fieldworker</p>	<p>4-7 days</p>
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## Early Support Commissions

Organisation Details	Category	Description of Service Available	Referral Method
<p><b>Fylde Coast Women's Aid</b>  Tina Hibbard  ☎ 01253 752014  ✉ <a href="mailto:manager@fcwa.co.uk">manager@fcwa.co.uk</a></p> <p>Nicola Bonser  ☎ 01253 752014  Domestic abuse early intervention officer  ✉ <a href="mailto:Nicola.bonser@fcwa.co.uk">Nicola.bonser@fcwa.co.uk</a></p>	Domestic Abuse	<p>This service is part of a wider strategy to prevent and minimise the effects of domestic abuse across Lancashire and will provide a range of interventions which are designed to improve the relationship between mother and child, whilst also helping children to overcome the effects of witnessing and/or experiencing domestic violence.</p> <p>We will be offering specialised support to children and young people who have experienced domestic abuse through one to one support and group interventions (i.e helping hands, recovery toolkit for cyp). Running alongside a group intervention for mum (ie. Recovery, freedom)</p>	Via Request for Support Form or Contact FCWA on 01253 752014

## Fylde Parent/ Family Services

	Organisation Details	Category	Description of Service Available	Referral Method
	<p><b>Via</b> Joanna Maloney ☎ 01254 387711 ✉ <a href="mailto:Joanna.maloney@via-uk.com">Joanna.maloney@via-uk.com</a></p>	Family Support	Multi-Systemic Therapy Functional Family Therapy Neuro-Linguistic Programming Solution Focused Coaching The Solihull Approach	Via Request for Support Form
	<p><b>Action for Children</b> Nicola Parker ☎ 01282 452714 / 07736 701850 ✉ <a href="mailto:nicola.parker@actionforchildren.org.uk">nicola.parker@actionforchildren.org.uk</a></p>	Parenting	The commissioned service in 2013/2014 will be modelled on the 'Strengthening Families Programme' 10yrs to 14yrs delivered through a number of targeted sessions with a focus on reducing levels of alcohol, substance misuse, conduct problems and school-related problem behaviours. The aim will be to improve communication between the parent – child along with helping parents build on their parenting strategies.	Via Request for Support Form

Organisation Details	Category	Description of Service Available	Referral Method
<p><b>Jigsaw EHWP Services</b>  <b>Child Action North West</b>            Rob Dickinson, Janet Tomlinson            ☎01254 244701/01772 453145            ✉<a href="mailto:jigsaw@canw.org.uk">jigsaw@canw.org.uk</a></p>	<p>Emotional Health &amp; Well Being</p>	<p>We have a qualified, highly skilled, experienced and well –resourced team of professional counsellors who are able to offer services to Children, Young People and families and can provide:</p> <ul style="list-style-type: none"> <li>• One-to-one person centred counselling</li> <li>• Therapeutic group work</li> <li>• Systemic family therapy</li> <li>• Cognitive Behaviour Therapy</li> <li>• Play therapy</li> <li>• NLP</li> </ul> <p>For issues including:</p> <ul style="list-style-type: none"> <li>• Self-harm</li> <li>• Sexual exploitation</li> <li>• Anxiety and depression</li> <li>• Body image and disordered eating</li> <li>• Working with issues of sexuality</li> <li>• Bereavement, loss and attachment</li> <li>• Relationship counselling</li> <li>• Solution focused therapy</li> <li>• Self-esteem and confidence building</li> <li>• Job Loss</li> <li>• Divorce/separation</li> </ul>	<p>Via Request for Support Form</p>

**Please find below a link for the Children's Trust below, which includes details on Early Support Commissions and has the Request for Support Form:**

<http://www.lancashirechildrenstrust.org.uk/resources/?siteid=6274&pageid=40172>

**Link to the CAF website:**

<http://www.lancashire.gov.uk/corporate/web/?siteid=5943&pageid=33997&e=e>





